

NEYDL

INTER LEAGUE CHALLENGE v Yorkshire and District @ Cudworth

Dorothy Hyman Sports Centre
Snydale Road, Cudworth, Barnsley S72 8LH

Sunday 1st September 2019
11am to 4.30pm

Basic selection process and rules;

1. Athlete must be a **paid up member** of a **NEYDL league club**.
2. Athlete **must have competed** in a **NEYDL league match**.
3. Athlete will be considered for selection **only in the event** they have competed in a **NEYDL league match**.
4. A list of athletes will be produced from their performances in **NEYDL League Matches**, not **Power of 10**.
5. The **first four athletes** in each event will be invited to compete for the league team, with the **first three from each league** to score
6. This list is on the **NECAA** web site, **NEYDL**, under **Athlete Ranking**
7. Athletes are only allowed to compete in a **max. of three events and the relay**.
8. Athletes **do not** have to compete in all the events that they are eligible for.
9. Normal **UKA rules** apply regarding which events an athlete can compete in, in one day
10. If one of these athletes; declines, is injured or whatever reason decides not to compete in an event the next in the list will be invited etc. working down the list.
11. Team Managers will have the discretion to ask athletes to fill gaps in the team if there are 'no shows' or injuries on match day, even if that athlete is not next on the selection list.

Information;

There **will be team coaches** or athletes can make their own way to the match

Athletes will wear their **own club strips**.

Numbers will be provided for each athlete on the day

All races will be **straight finals**, eight in a race four from each League.

All **field events will be four attempts** with normal rules for high jumps.

A **trophy will be awarded** to the winning League team.

This is not a definitive document or a answer to all problems, but the guidelines we are working to try to make this event successful. Personally, hopefully this will help promote the successful annual event which will give athletes something to aim towards and a good experience

David Thomas
NEYDL Team Coordinator
Morpeth H&AC